

# College Baseball Recruiting Standards by Division

Pitcher Velocity, Exit Velocity, 60-Yard Dash, Pop Time & Scholarships  
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## Pitcher Velocity Standards (Fastball MPH)

DIVISION	RHP VELOCITY	LHP VELOCITY	SECONDARY PITCHES	NOTES
D1 Power 4	92-97+ mph	90-94 mph	2+ plus pitches	Top 50 programs (SEC, Big Ten, Big 12, ACC)
D1 Mid-Major	88-92 mph	86-90 mph	1-2 quality pitches	Solid D1 programs
D1 Low-Major	85-88 mph	83-86 mph	1 quality pitch	Smaller D1 conferences
D2	84-88 mph	82-85 mph	1 quality pitch	Competitive D2 programs
D3	80-86 mph	78-83 mph	Developing	Values pitching IQ and command
NAIA	80-86 mph	78-84 mph	1 quality pitch	Flexible scholarship options
JUCO	82-88 mph	80-86 mph	1 quality pitch	Path to 4-year programs

**LHP advantage:** Left-handed pitchers typically receive equal recruiting interest at 2-3 mph less than RHP due to scarcity and the platoon advantage against right-handed hitters.

## Position Player Exit Velocity (MPH)

DIVISION	MIDDLE IF	CORNER IF	OUTFIELD	CATCHER
D1 Power 4	91-93+ mph	93+ mph	93+ mph	90+ mph
D1 Mid-Major	88+ mph	88-91+ mph	88-91+ mph	87+ mph
D2	85+ mph	85-87+ mph	85-87+ mph	84+ mph
D3	83+ mph	83-85+ mph	83+ mph	80+ mph
NAIA/JUCO	83+ mph	83-85+ mph	83-88 mph	80-84 mph

## 60-Yard Dash (Seconds)

DIVISION	MIDDLE IF	CORNER OF	CF	CATCHER
D1 Power 4	6.5-6.8s	6.7-6.8s	6.5-6.7s	7.0-7.3s
D1 Mid-Major	6.8-6.9s	6.8-7.0s	6.7-6.9s	7.0-7.5s
D2	6.9-7.0s	6.9-7.0s	6.9s	7.2-7.5s
D3	7.0-7.1s	7.0-7.1s	7.0s	7.4-7.7s
NAIA/JUCO	7.0-7.3s	7.0-7.3s	6.8-7.3s	7.2-7.7s

## Catcher Pop Time to 2B (Seconds)

DIVISION	POP TIME	NOTES
D1 Power 4	1.91-1.95s	Sub-1.95 is the baseline
D1 Mid-Major	1.95-2.00s	Sub-2.0 makes you recruitable
D2	2.00-2.10s	2.0 or below stands out
D3	2.10s+	Receiving and game-calling valued highly
NAIA/JUCO	2.00-2.10s	Varies by program competitiveness

**Coaches universally want sub-2.0 pop times.** A 2.2+ is generally not attractive at any four-year level unless the catcher shows clear mechanical improvement potential.

## Scholarships & Roster Size by Division

DIVISION	SCHOLARSHIPS	ROSTER	TYPE
D1	Up to 34	34	Equivalency
D2	9	~30-35	Equivalency
D3	0 athletic	~30-40	Academic aid only
NAIA	12	~25-35	Equivalency
JUCO (D1)	24	No limit	Full-ride possible

**2025-26 House Settlement Update:** D1 baseball scholarships increased from 11.7 to 34 per team. Power 4 schools are expected to fully fund all 34. Mid-major programs will realistically fund 18-25 depending on athletic department budgets. Roster caps dropped from 40 to 34.

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Compare your metrics against D1, D2, and D3 standards instantly.

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Sources: NCAA.org (eligibility requirements), ScholarshipStats.com (scholarship counts), NCSA (recruiting guidelines), Driveline Baseball (velocity benchmarks), MLB.com/NCAA Division I Baseball Committee (roster cap updates), House v. NCAA Settlement Agreement (2025-26 scholarship changes).